

## China Traditional Medicine Tour

**Destinations:** Beijing, Suzhou, Hangzhou, Shanghai

**Tour Features:** Traditional Chinese Medicine is an indispensable part of the glorious culture of the Chinese nation. It is deeply rooted in the study of life flow in the human body. The theory behind traditional Chinese medicine is that the body is a dynamic energy system. This China Traditional Medicine Tours perfectly combines sightseeing to the major sightseeing places in China with traditional Chinese medicine study including acupuncture, tea ceremony, Chinese traditional massage and herbal medicine, etc, and more!



**Tour Code:** CCT-CTT23

**Tour Departure:** Flexible

\*The Land Only tour fares exclude China Domestic Airs

\*Recommendation of tipping is US\$5-6/Person a day covering drivers, local tour guides, luggage porters, maids and the national guide, etc.

### Inclusions:

- ✧ All the China domestic flights indicated in the itinerary with airport tax & fuel surcharges
- ✧ Private sightseeing tours including entry fees listed in the itinerary
- ✧ Private ground transportation and all the transfers listed in the itinerary
- ✧ 31 delightful meals including 12 western style buffet breakfast, 9 Chinese lunches & 10 Chinese dinners
- ✧ Four-star class hotel accommodations based on twin occupancy
- ✧ Special evening dinner banquets including Peking Duck in Beijing, Dumpling Banquet in Xian and Mongolian barbecue buffet in Shanghai
- ✧ Special evening entertainments including Peking Opera Show in Beijing, Tang Dynasty Musical Cultural Show in Xian and Acrobatic Performance in Shanghai
- ✧ Special cultural activities including the family visit during the Hutong tour, Olympic Venue visit in Beijing and Maglev bullet train in Shanghai
- ✧ Private and experienced English-speaking local tour guides in each city
- ✧ One bilingual national tour guide for groups over 10 people
- ✧ Luggage services throughout your entire China trip
- ✧ Daily two bottles of drinking water per person per each touring day (except the free day)
- ✧ The government tax and the city construction fee where applicable

### Itinerary

### Day 1: Arrive in Beijing

Depart on your flight bound for Beijing, the capital of People's Republic of China. Upon your arrival, you will be met and transferred to the hotel.

### Day 2: Beijing

Full-day tour will begin at the magnificent Forbidden City, home to emperors for over 500-years, you will get the chance to stroll through **Tiananmen Square**. In the afternoon, you will attend an interesting lecture given by traditional Chinese medicine professor. This evening, you are invited to an authentic Peking duck banquet.



### Day 3: Beijing

A full-day tour will take in the grandeur of the Eighth Wonder of the World, the **Great Wall**, built more than 2000 years ago to protect China from northern invaders. On the way back to Beijing stop and visit the sacred Ming Tombs, where 13 emperors of Ming Dynasty were buried. Enjoy the relaxing foot reflexology in the evening.

### Day 4: Beijing

Today you will admire the beauty of the Temple of Heaven and witness the splendor of the Summer Palace. After a wonderful tea ceremony and a healthy Chinese Herbal Medicated dinner, you will be invited to enjoy a traditional Kung Fu performance.

### Day 5: Beijing / Hangzhou

Fly to Hangzhou today, known as the Oriental Pearl, arrival and visit the **Traditional Chinese Medicine Museum**. Check into your hotel tonight.

### Day 6: Hangzhou

After a Taiji (shadow boxing) class in the morning, you will enjoy a relaxing cruise tour on the most famous **West Lake**, and then visit the Lingyin Temple. In the afternoon visit the Lingyin Temple, also called Temple of the Soul's Retreat, which is one of the most famous ancient Buddhist temples in China.



### Day 7 - 8: Hangzhou

After a Taiji (shadow boxing) class in the morning, you will attend our traditional Chinese Medicine training program.

### Day 9: Hangzhou / Shanghai

Continue to travel to Shanghai, the biggest and commercial centre of China. In the afternoon, visit **Yu Garden** and the famous Bund. Yuyuan Garden is a famous classical garden located in Anren Jie, Shanghai. The true treasure of Yuyuan Garden is the Exquisite Jade Rock. The most visible reminder of Shanghai's colonial heritage, the Bund attracts millions of visitors from home and abroad each year.

#### **Day 10: Shanghai / Suzhou / Shanghai**

Full-day excursion to Suzhou, the hometown of traditional Chinese gardens, you will visit the beautiful garden surrounded by the plants, bonsai and rocks in unique shape. A farewell dinner will be arranged on night cruise over the neon-lit Huangpu River.

#### **Day 11: Shanghai**

Morning tour to the magnificent Shanghai History Museum and Children's Palace, enjoy the leisure time in the afternoon for shopping or other arrangements. The Shanghai History Museum, located just below the **Oriental TV Tower** at Pudong New Area. There are three major exhibition units reflecting Shanghai's history, modern and recent revolutionary history.

#### **Day 13: Depart**

Today you will be transferred to the airport for your homeward flight and complete the most interesting *China Traditional Medicine Tours*.

**[Book and inquiry](#)**

**[Customize the tour](#)**