

## Chinese Kung Fu Tour

**Destinations:** Beijing, Luoyang, Dengfeng, Xian, Shanghai

**Tour Features:** The Chinese Kung Fu tour itinerary offers you two different educational experiences: a week of study in Xian at an international school or three days of Kung Fu training at the Shaolin Temple in Dengfeng. Both aim to give school students or people of any age a unique look at China's traditional values and modern dynamics. You will also have the opportunity to visit major tourist sites around the country.



**Tour Code:** CCT-CTT06

**Tour Departure:** Flexible

\*The Land Only tour fares exclude China Domestic Airls

\*Recommendation of tipping is US\$5-6/Person a day covering drivers, local tour guides, luggage porters, maids and the national guide, etc.

### Inclusions:

- ✧ All the China domestic flights indicated in the itinerary with airport tax & fuel surcharges
- ✧ Private sightseeing tours including entry fees listed in the itinerary
- ✧ Private ground transportation and all the transfers listed in the itinerary
- ✧ 31 delightful meals including 12 western style buffet breakfast, 9 Chinese lunches & 10 Chinese dinners
- ✧ Four-star class hotel accommodations based on twin occupancy
- ✧ Special evening dinner banquets including Peking Duck in Beijing, Dumpling Banquet in Xian and Mongolian barbeque buffet in Shanghai
- ✧ Special evening entertainments including Peking Opera Show in Beijing, Tang Dynasty Musical Cultural Show in Xian and Acrobatic Performance in Shanghai
- ✧ Special cultural activities including the family visit during the Hutong tour, Olympic Venue visit in Beijing and Maglev bullet train in Shanghai
- ✧ Private and experienced English-speaking local tour guides in each city
- ✧ One bilingual national tour guide for groups over 10 people
- ✧ Luggage services throughout your entire China trip
- ✧ Daily two bottles of drinking water per person per each touring day (except the free day)
- ✧ The government tax and the city construction fee where applicable

### Itinerary

#### Day 1 Arrive in Beijing

Depart on your flight bound for Beijing, the capital of People's Republic of China. Upon your arrival, you will be met and transferred to the hotel.

### **Day 2: Beijing**

Start your exciting China study tour by a full-day tour to the Eighth Wonder of the World, The Great Wall and also the Ming Tombs. The Great Wall was built more than 2000 years ago to protect China from northern invaders. On the way back to Beijing stop and visit the sacred Ming Tombs, where 13 emperors of Ming Dynasty were buried.

### **Day 3: Beijing**

Full-day tour will begin at the magnificent Forbidden City, home to emperors for over 500-years, you will get the chance to stroll through Tiananmen Square. After lunch, admire the beauty of the Temple of Heaven and witness the splendor of the Summer Palace. This evening, you are invited to a Peking duck banquet.



### **Day 4: Beijing / Luoyang**

Today you will fly to Luoyang. Met and transferred to the hotel after your arrival. In the afternoon, you will visit the White Horse Temple. Located 12km east to the ancient capital city of Luoyang, facing the Luo River in the south and sitting back to the Mang Hill in the north, is the White Horse Temple, the first Buddhist monastery in China.

### **Day 5: Luoyang / Dengfeng**

Travel to the birthplace of Chinese Kungfu at **Shaolin Temple** by bus in this morning. You will stay at the local hotel for 3 days' Chinese Kungfu study. Shaolin Temple is probably the most famous temple in China, not only because of its long history and its role in Chinese Buddhism, Shaolin Temple Pagoda but also because of its martial arts or Wushu Chan.



### **Day 6-8: Dengfeng**

You will get the wonderful opportunity to take basic Chinese Kungfu courses conducted by the experienced local Kungfu masters.

### **Day 9: Dengfeng / Luoyang**

Transfer back to Luoyang, you will visit the Longmen Caves and Guanlin. Together with Mogao Caves, Yungang Caves, Longmen Caves is known as the three great sculpture treasure houses of China.

### **Day 10: Luoyang / Xian**

Today you will board the train to the ancient capital city of Xian. Arrival and transferred to your hotel.

### **Day 11: Xian**

A full day excursion to the tomb of Emperor Qin Shi Huang guarded by the famous **Terracotta Army**, 7000 life-size clay statues each individually crafted, complete with chariots and horses. Then go to Huaqing Hot Spring. On the way back to Xian, visit 6000-year-old Neolithic village remain in Banpo Museum. In the evening enjoy a dazzling Tang Dynasty Show and dinner.

### **Day 12: Xian / Shanghai**

In this morning, you will stroll on the City Wall and visit the Big Wild Goose Pagoda. Then you will be transferred to the airport and fly to Shanghai. Meet and transfer to the hotel after your arrival.



### **Day 13: Shanghai**

Morning tour to the Jade Buddha Temple, **Yu Garden** and the famous Bund, enjoy the leisure time in the afternoon for shopping or other arrangements. Yuyuan Garden is a famous classical garden located in Anren Jie, Shanghai. The true treasure of Yuyuan Garden is the Exquisite Jade Rock. The most visible reminder of Shanghai's colonial heritage, the Bund attracts millions of visitors from home and abroad each year.

### **Day 14: Depart**

Today you will be transferred to the airport for your homeward flight and complete the most exciting *China study tour*.

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